

court with the balls they have there. We have so much fun enjoying ourselves and others. Third reason, why going to a Linking Arms program after school is my favorite, is because we get to make lots of crafts. When making crafts we do many things, like making balloons out of big paper. That might be impossible for you, but it was very easy for us. We also make friendship cards for our friends. We have lots of fun when doing our crafts. Finally, now you know about my favorite thing to do after school, and why it was my favorite thing to do after school.



Shakiyra Lewis
Spencer Bibbs Elementary
5th grade



Do you know anything about book advertisements? You don't. Well let me tell you a few interesting things about it. First, book advertising is so fun because you can stand in front of the whole entire class to tell them about the book that you read and the important details. It is also interesting because you can read out loud in front of friends and sometimes family and in front of your teacher and she will tell you about how good you have done. Next, book advertising is fun because you can pick your own book to read and talk about it and you can listen to your other classmates and what they have to say about their favorite book. Last, it is so interesting because you can show some funny pictures to your friends and share a big laugh. The thing about book advertising is that you can also read it to your peers to see what they think about what you read, how you read it, and what kinds of details you put into your own words.



Amber Bermes
Warrington Elementary
4th grade



This time I am going to talk about health. It is almost time for Christmas so I will talk about turkey and corn. First, I will talk about turkey and how to cook it. You need to pre-heat your oven to 400 degrees. Then buy a turkey and put it into a large pan. Turkey is healthy because it is on the food pyramid. Next, I will talk about how to cook corn. First, you need to buy a can of corn. Then, you take a can opener and open the can of corn. Now, you take the open can of corn and pour it into a medium size pot and place it on the stove. Corn is healthy because it has nutrients inside. Now you know two of my favorite Christmas meals. Do you have a favorite Christmas meal?

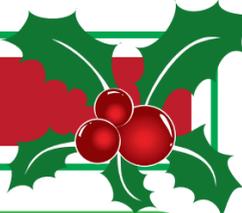


Jayla Miller
Warrington Elementary
5th grade



To begin with I would like to start talking about healthy food. Healthy foods are turkey, macaroni, cornbread, and all kinds of good food. Christmas is my favorite holiday; do you want to know why? Because toys of course, oh my most favorite thing, food on Christmas. The next step is who am I thankful for? Well I'm thankful for my mother, grandmother, sister, and friends especially my family. They taught me how to grow up and be a caring and nurturing person. I just love Christmas. The last step is why I love Christmas. I love Christmas because you get so excited, you become as happy as a clown, especially when you get ready to open your presents or go somewhere special. I love Christmas! So next time you write me an essay telling me about your favorite holiday.

HEALTH



Paulina Jimenez
Warrington Elementary
3rd grade



HEALTHY CHRISTMAS MEALS:

Menu: Apple pie, baked turkey, salad, broccoli, potato soup, bananas with chocolate, fried chicken, vegetable platter, strawberries, and fruit platter.

What makes these foods healthy: An apple pie has apples and a cherry pie has cherries and a salad has different kinds of vegetables.

I placed the foods in my menu because they are healthy and good for Christmas. When Christmas comes we are going to eat apple pie, chicken, salad, vegetables, and chicken soup.



Caio Cardoso
Warrington Elementary
5th grade



Christmas may be a time with tempting, delicious, but not so nutritious goodies. Here are some suggestions to help you maintain your healthiness. First, you should eat a variety of foods to balance the calories you are getting, for example: eat some turkey with some rice, and for desert you can maybe have a candy cane or something like that. Next, all the candies and sweets on Christmas might get you tempted, but don't go overboard with sweets and sugars on Christmas day, because this could happen, you could get cavities from it, or gain extra fat you